

Fresh Fire Youths in
Sports;
No Limits [Page 6](#)



**House of Judah
House of Praise**

Fresh Fire Ministries International
3-4 Carnation Drive, Reid's Pen, Braeton
St. Catherine
Jamaica

THE Apostles' Creed

**I believe in God, the Father Almighty,
Maker of heaven and earth.**

**And in Jesus Christ, His only Son, Our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate, was crucified,
died, and was buried.
He descended into hell;
The third day He rose again from the dead.
He ascended into heaven, and sits at the
right hand of God the Father almighty.
From thence He will come to judge the living
and the dead.**

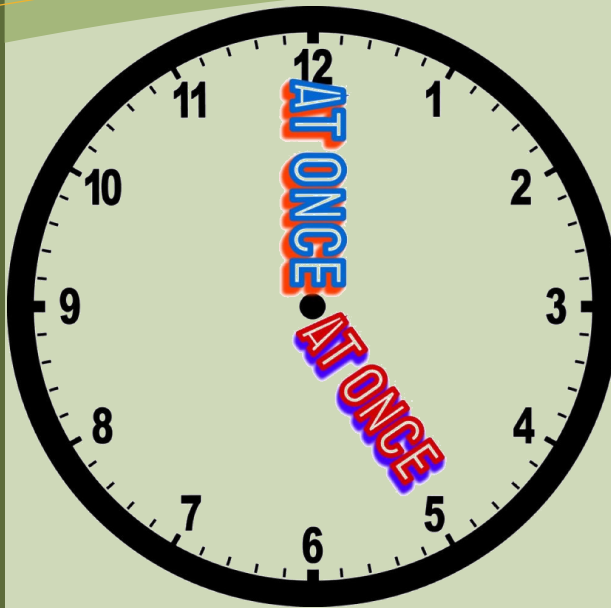
**I believe in the Holy Spirit,
the holy Christian Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body and life everlasting.**

Amen



THE WORD IN REVIEW

Sunday April 30, 2023



There are things that need to be transformed in your lives and transformation seems difficult or close to impossible, but hear the word of the Lord to You. AT Once, transformation will take place in your lives.

Genesis 2

John 11

We often wonder which comes first, the chicken or the egg? But with God, He defies the order of nature, time and seasons because He created Nature, He owns time, He built seasons.

He decided to make man an adult without first having to be born from the womb. He only spoke the word and at Once man became a living being.

There was no nine months wait, no earthly mother or father, no mid-wife needed and no hospital bed required.

God made the different creatures and brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. Man was put to work "At Once", he never went to agriculture school nor had prior training. Adam named each animal. He had an "At Once" experience. He had wisdom and knowledge at once.

The story is told of Lazarus who died. Jesus arrived on the scene at the precise time he was meant to for the glory of God.

John 11:43 ...he cried with a loud voice, Lazarus, come forth.

What are the dead things in your lives (finances, health, education?) Call them back to life and they must obey the word of God "At Once".

- You must believe in the word of God for Your 'At Once' to be activated.
- Your Faith must be tuned in.
- You must live a life of daily prayer.
- Be willing to defy the naysayers and trust wholeheartedly in God and His Word.

Presented By:
Bishop Jack Drummond Jr.

Arise and shine, for thy light has come and the glory of the Lord is risen upon thee. Isa. 60:1

I decree and declare that we shall arise and shine out of our dark situations as the 'light of the world' has come with our blessings, and His glory is shining around us.

I decree and declare that our gates shall be opened continually, they shall not be shut day and night. Isa 60:11

I decree and declare that as we arise and shine with our praises, the ships of Tarshish shall bring our gold and silver. We shall suck the milk of the gentiles. We shall suck the breast of kings because our Lord, our Saviour, our Redeemer, our Mighty one of Jacob is with us. Isa 60: 9 & 16

I decree and declare that violence shall no more be heard in our land, wasting nor destruction within our borders. We shall call our walls Salvation and our gates praise because His glory is risen upon us. Isa 60:18

I decree and declare that as You arise, Oh God, that your excellency, your favour and loving-kindness will continually rest upon your people. We shall be abundantly satisfied with the fatness of thy house and we shall continually drink of the river of thy pleasure. In the name of Jesus Christ of Nazareth Amen. Psalm 36:7-8

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Importance of an Emergency Fund

Emergency situations are those uncontrolled, unexpected events that may occur in your life.

In most cases, the magnitude of such a situation is unknown, making it an ever-important need to plan for these events.

If you are to transition from one job to another or change careers requiring additional certification, you may and in most cases need extra spending power.

It is well understood that not everyone has a high monthly income however this should not be the main reason for not starting an EF.

As with most financial decisions, starting the EF requires setting a goal and being disciplined. All goals should follow the SMART principle of being Specific, Measurable, Attainable, Realistic, and Time-bound.

This means you should analyze your income and set aside a specific and measurable amount at predetermined time intervals that is realistic and attainable.

Having an EF will boost your confidence and helps with making critical decisions in your life. It helps with sudden, unexpected situations whether good or bad. Situations like these include:

1. Losing your job and having bills to pay.
2. Money needed to buy shares in an IPO.
3. Tuition fee for career development courses.
4. Bills in case of a sickness

Idle hands make one poor, but diligent hands bring riches. The son who gathers during summer is prudent; the son who sleeps during harvest is disgraceful. *Prov 10:4-5*

By MIT. Donrossi Simpson



Sports



Njeri McKenzie 24

Former Issa Manning Cup Player (Mona High School).

Former Tivoli United FC Player (National Premier League).

Mead Forest Football Club (Present).

Donell Pitterson 19

Former Issa Manning Cup Player (Excelsior High School).

Pembroke Hall Elite Soccer (Present).



Justin Logan 11

All Island Primary School League (Greater Portmore Primary).



Health & Fitness



Hey guys!



Welcome to Dario's corner filled with fitness bits and tips.

Today I wanted to talk to you about simple exercises with emphasis on the 'simple' aspect.

One of the main problems with working out is that we believe we need to spend lots of money at a gym, lift loads of weight or train as hard as Usain Bolt and Shelly-Ann Fraser-Pryce.

The truth is we don't. Hence the term 'simple'.

In order to get started I want you to do something as simple as walking for 10 minutes around your block or through your community; early morning or after work, your choice. If possible, bring a friend/partner.

After you get used to 10 minutes gradually increase. 15, 20, then 30 minutes and beyond. Don't think of it as exercise, think of it as you getting out of the house for a breather. Also please remember to stretch afterwards. Exercise doesn't have to be hard or stressful, it just needs to be done.

By MIT. Dario Dowie



From my Garden

Isaiah 60:1 & 3 NKJV

Arise, shine;
For your light has
come! And the glory
of the LORD is risen
upon you.

The Gentiles shall
come to your light,
And kings to the
brightness of your
rising.

I rejoiced at the abundance of
rose buds since they were fer-
tilized and pruned.

Lovingly I watered and pro-
tected the bushes eagerly wait-
ing to see them displayed in all
their glory.

I was not disappointed, these
blooms were a source of great
satisfaction, joy and pleasure.

Their beauty reminded me that
they were God's creation and
His purpose for their lives
were being fulfilled daily.

Yet all too soon they began to
fade. What was so beautiful to
behold, was now dried up and
falling apart. Here today and
gone tomorrow.

These flowers had a story to
tell.

What story is your life telling
others as they see you every-
day?

Have you fulfilled the purpose
of your Creator God?

Are you manifesting His Glory
for all to see and enjoy?

Can others, saved and unsaved
experience the love of God in
some way looking
at you?

Did your time on earth, in the
Garden of your Creator give
Him pleasure?

I challenge you to Blossom and
bloom wherever you are plant-
ed.

You are a thing of beauty,
greatly loved, cherished and
protected by your Heavenly
Father in this Garden of life.

So let the beauty of Jesus be
seen in you. Whether you are
young or old,

Arise and Shine and give God
all the Glory.

He made you special.

Never forget that He Loves
You at each stage of your
journey. SHALOM

By Grace Beckett



The Hare & the Tortoise

A Hare was making fun of the Tortoise one day for being so slow.

"Do you ever get anywhere?" he asked with a mocking laugh.

"Yes," replied the Tortoise, "and I get there sooner than you think. I'll run you a race and prove it."

The Hare was much amused at the idea of running a race with the Tortoise, but for the fun of the thing he agreed. So the Fox, who had consented to act as judge, marked the distance and started the runners off.

The Hare was soon far out of sight, and to make the Tortoise feel very deeply how ridiculous it was for him to try a race with a Hare, he lay down beside the course to take a nap until the Tortoise should catch up.



The Tortoise meanwhile kept going slowly but steadily, and, after a time, passed the place where the Hare was sleeping. But the Hare slept on very peacefully; and when at last he did wake up, the Tortoise was near the goal. The Hare now ran his swiftest, but he could not overtake the Tortoise in time.

The race is not always to the swift.



Be Alert

Woe unto them that decree
unrighteous decrees, and
that write grievousness
which they have prescribed.
Isa 10:1

Be careful of what you decree for others. Judgment is coming to those who take matters into their own hands and create injustice.

The Merriam-Webster dictionary defines woe as deep or inconsolable grief or misery while grief implies poignant sorrow for an immediate cause. Whenever Jesus Christ uses a woe, He does it with righteous anger. Even though Christ is angry, he displays this from a heart of love. In light of the broken heart experienced because of our stubbornness, God still loves us.

Sometimes we decree things in anger; we wish harmful things without any second thoughts.

When I get angry, yes, it happens to me I begin to make decrees on the person that did me wrong and when I calm down I have to ask myself if those words came from me and then repent of my sinful ways.

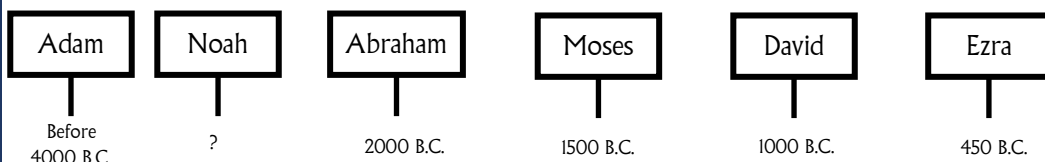
How can one say that they are righteous when ill is spoken of his brother or sister. We are shutting out persons who want to enter into the Kingdom.

As we focus on evangelizing let's ask God to strengthen us to do his will.

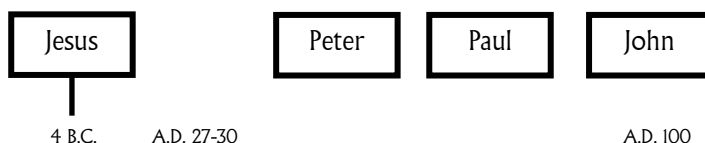
By MIT. Charmaine Thomas



VISUAL SURVEY OF THE BIBLE



History of the Early World		History of Israel			
Pre-Flood	After the Flood	The People	The Land	The Kingdom	The Remnant
Genesis Chapters I-II		Genesis Chapter 12—Malachi			



History of the Messiah	History of the Early Church		
The Life of Christ	In all Jerusalem	In all Judea & Samaria	To all the Earth
Matthew—John	Acts—revelation		

The Bible

In its vastness of scope.

The Bible covers events from the creation of the universe and the creation of humans to a future eternity and the inauguration of the New Jerusalem.

In its diversity of topics.

The Bible gives a candid and detailed account of human history, it systematically predicts future events and it plainly unfolds the terms of God's plan of salvation. Every thing that humans need for life on this earth to prepare us for eternity is found within its pages.

In its revelation of God.

The Bible unfolds far-ranging insights into God's person.

In its amazing unity.

"The Bible has one message, speaks with one voice, tells one story, unfolds one plan of salvation, has one view of itself; it is in fact, one book, one Bible, one Word of God". (John Gerstner)

In its variety of authorships.

The Bible's authors include: kings, herdsmen, poets, agricultural workers, fishermen, medical men, businessmen, government officials, and national leaders.

In its perspicuity.

The term perspicuity denotes the quality of being plain or transparent to the understanding. The Bible is clear and precise in presenting the truth.



The Bible

In its authority.

The Bible is the infallible, complete, final Word of God.

Ps 109:115

Thy word is a lamp unto my feet, and a light unto my path.

Heb 4:12

For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

2 Tim 3:16

All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

Isa 40:8

The grass withereth, the flower fadeth: but the word of our God shall stand for ever.

Ps 119:130

The entrance of thy words giveth light; it giveth understanding unto the simple.

Matt 24:35

Heaven and earth shall pass away, but my words shall not pass away.

1 Pet 1:25

But the word of the Lord endureth for ever. And this is the word which by the gospel is preached unto you.

2 Peter 1:3 KJV

According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue:

By Min. Stephannie Ellis

References

Holdcroft, Leslie. T: *Bibliology. Authority in Religion*. Abbotsford, Canada: CeeTeC Pub, 2006.

Youngblood, Ronald. F: *Nelson's New illustrated Bible Dictionary*. Rev Ed. London: Thomas Nelson Inc, 1995.



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